

ELİF BESTENİGAR MERT

RESEARCH INTERESTS

Gender equality, woman empowerment, psychological trauma, domestic violence, and child abuse

EDUCATION

Kadir Has University, Istanbul

2020 - Current

Ph.D. in Woman and Gender Studies

High Achievement Scholarship

Areas of Concentration: Gender equality, domestic violence and labor market participation of women

Ibn Haldun University, Istanbul

2017 - 2020

MA in Clinical Psychology — High Honours

High Achievement Scholarship

Areas of Concentration: Depression, anxiety and stress symptoms in culturally diverse communities

Istanbul Sehir University, Istanbul

2011 - 2017

BA in Psychology — High Honours

Partial Scholarship

ACADEMIC EXPERIENCES

Research Assistant – Nasihah Consulting Group, Melbourne, Australia

2019

Research Areas: Depression, anxiety and stress symptoms in culturally diverse communities

Assisted Asst. Prof. Senem Eren

Research and Teaching Assistant — Ibn Haldun University, Istanbul

2017 - 2019

Research Areas: Domestic violence, abuse, perception of men's dangerousness, and psychological traumas

Assisted Prof. Dr. Medaim Yanık

Research Assistant – Middlesex University, Center for Abuse and Trauma Studies, London, UK

2016

Research Areas: Child abuse, life difficulties and traumatic life events, data analysis

Assisted Prof. Dr. Antonia Bifulco

Research and Teaching Assistant — Istanbul Sehir University, Istanbul

2014 - 2017

Research Areas: Organizational and industrial psychology, occupational commitment

Assistant at Cognitive Lab — Istanbul Sehir University, Istanbul

2014 - 2017

Research Areas: Cognitive psychology, mental rotation and perception of location and distance

Assisted Asst. Prof. Reyhan Bilge

Assistant Psychologist — İlaf Psychosocial Support Project, Istanbul

2014 - 2017

Assisted Assoc. Prof. Vahdettin Görmez

PUBLICATIONS

ARTICLES

Mert, E. B. (2023). From Shelters to Labor Market: Not An Easy Journey. The Role of Women Shelters to Battered Women's Labor Market Participation (to be published)

Mert, E. B. (2023). Battered Women Syndrome in Feminist Discourse and in Criminal Law in Turkey: The Case of 'Women who own Their Lives Campaign'.(to be published)

Mert, E. B. and Nursoy Demir, M. (to be published). Music Therapy Implementations in the Seventeenth-Century Ottoman Era: Contributions and Writings of Doctor Hasan Suuri Efendi (? - 1693-1694).(to be published)

Görmez, V., Kılıç, H. ... **Mert, E. B.**, Mahlouta, B. and colleagues (2017). Evaluation of a school-based, teacher-delivered psychological intervention group program for trauma-affected Syrian refugee children in Istanbul. *Psychiatry and Clinical Psychopharmacology*. Taylor and Francis Group: United Kingdom.

Görmez, V., Kılıç, H. and **Mert, E. B.** (2016). Mülteci Çocuklar için Okul Temelli Destek Programı (MODP): Bir Pilot Çalışma Örneği. *VI. Ulusal PDR Uygulamaları Kongresi Bildiri Özetleri*, Gaziantep: Turkey.

BOOKS

Mert, E. B. (2023). Postmodern Group Psychotherapies. In Ergüney-Okumuş, E. (Ed.), *Leading Theories*

in *Group Psychotherapies*, Nobel Academic Publications

Mert, E. B. (2023). Natural Disaster Traumas: Definition, Response Principles and Techniques. In Arıcı-Özcan, N., Çekici, F., Aydın-Sünbül, Z. (Eds.). *Trauma and Crisis Response Principles and Techniques for Mental Health Professionals*, Nobel Academic Publications

Mert, E. B. (2022). “Positive Psychotherapy”. In Başer-Baykal, N. (Ed.), *Post-Modern Psychotherapies and Case Implementations*, Nobel Academic Publications

Mert, E. B., Nursoy Demir, M. and Kılıç, H. (2023). “Muslim Mental Health in Turkey”. In Awaad, R. and colleagues (Eds.) *Muslim Mental Health*. Washington, USA: American Psychological Association (to be published)

PRESENTATIONS

Mert, E. B. “What is violence against women? What are the psychological effects violence?” Seminar series with Üsküdar Municipality. 2018, Istanbul, Türkiye.

Kılıç, H. ve **Mert, E. B.** *Mülteci Çocuklar İçin Okul Temelli Destek Programı (MODP): Bir Pilot Çalışma Örneği*. VI. Ulusal PDR Uygulamaları Kongresi. 2016. Gaziantep, Türkiye.

FIELD EXPERIENCES

Psychologist — <i>Women’s Shelter</i>	2016 - 2020
Psychologist — <i>Ibn Haldun University Psychotherapy Center</i>	2018 - 2020
Psychology Intern — <i>Erenköy Psychiatric Hospital</i>	2016
Psychology Intern — <i>Istanbul Anatolian Courthouse</i>	2015

FIELD TRAINING

Death and Grief Therapy Training, Dr. Hakan Ertufan.	2020
1000 Hours Clinical Supervision, Ibn Haldun University Psychotherapy Center.	2018-2020
Cognitive Behavioral Therapy, Skills Training, Clinical Psychologist Müge Sargın.	2019
Acceptance and Commitment Therapy Module I and II, Asst. Prof. Hasan Turan Karatepe.	2019
Cognitive Behavioral Therapy for Children, Skills Training, Module I, Assoc. Prof. Vahdettin Görmez.	2019
Diagnosis and Treatment of Dissociate Personality Disorder Module I, Prof. Dr. Medaim Yanık.	2018
Cognitive Behavioral Therapy Training, Module I and II, Prof. Dr. Hakan Türkçapar.	2018

PROJECTS

İlaf Project — Psychosocial support for Syrian refugee children who expose to war, Istanbul.	2014 - 2017
Bangladesh Dar'ul Amman Orphanage Project — Turkey and Bangladesh.	2012 - 2013

LANGUAGES

English (Advanced) - Ottoman Turkish (Intermediate)

SKILLS

SPSS, R Studio, Microsoft Office, Mac OS X, MAXQDA

REFERENCES

Prof. Dr. Dilek Cindoglu

Kadir Has University, Coordinator of Women and Gender Studies Ph.D. Program, Istanbul
dilek.cindoglu@khas.edu.tr
+90 532 218 49 24

Prof. Dr. Antonia Bifulco

Middlesex University, Head of Psychology Department, London
a.bifulco@mdx.ac.uk
+44 (0) 208 411 3705

Assoc. Prof. Vahdettin Görmez

Medeniyet University, Faculty of Medicine, Child and Adolescent Psychiatrist, Istanbul
vahdetgormez@gmail.com
+90 544 902 34 25